

<p><u>School of Addiction Studies</u> Director: Kari Eythorsson E-mail: karieythors@gmail.com Tel: +354-8941492</p> <p>Preschool – high school level Subjects addressed:</p> <ul style="list-style-type: none"> - Interview techniques, group work, supervision - Co-dependency, ADHD, paths to self-help - Psychological, emotional, personal issues - Ethics and confidentiality - Physiology and chemistry of alcohol and other substances - Pharmacy - Grief and grief counseling - Other important subjects <p>Advanced level available</p> <p>Alcohol and other drug counselor ECADC</p>	<p><u>School of Prevention</u> Director: Arni Einarsson E-mail: arni@forvarnir.is Tel: +354-8611582</p> <p>Subjects addressed:</p> <ul style="list-style-type: none"> - Social and political issues concerning prevention - Theories on public health, definitions of prevention - Policy-making and the public good/ Laws and regulations - Prevention research - Evaluation of prevention - Risk-behavior of adolescents - Physiology, addition effects on health and behavior - Treatment and intervention - Making prevention plans <p>Prevention specialist ECPS</p>	<p><u>INFACT – International Food Addiction Counseling and Treatment</u> Director: Esther H. Gudmundsdottir E-mail: esther@mfm.is Tel: +354-6002676</p> <p>Subjects addressed:</p> <ul style="list-style-type: none"> - Addiction, especially food addiction - Screening, assessment, treatment plans - Counseling techniques - Abstinence based plan - Trauma, prevention - Ethics, education, biology - 12 step-recovery - Co-dependency, family - Relapse prevention - Other important subjects <p>Food Addiction counselor ECFAC</p>
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